ENERGY UPDATE **NOLIN**



July 2023





Flood safety



Cool your kitchen; turn off the oven

Using large appliances, especially your oven, on hot summer days can counteract the job your air conditioning system is trying to do. As the air conditioner works to reduce the temperature in your house, your oven is busy heating up your kitchen.

To help your A/C be more effective, turn the oven off. Instead, cook in the microwave, a crockpot, an Instant Pot, an outdoor grill or an air fryer. These appliances heat your kitchen significantly less than an oven. You can also look for recipes that don't require cooking at all. Local farmer's markets are loaded this time of year with delicious, fresh vegetables that can be enjoyed with little prep.

While you're avoiding large appliances during the summer, be aware that your dishwasher, washing machine and dryer also create heat when operating and make your air conditioner work harder to keep your house as cool as possible. An easy solution: Wait until after dark, when the outdoor air cools off a bit, to wash your dishes and clothes. Evenings are usually cooler than days, so as the outdoor air cools down, your air conditioner doesn't have to work as hard to keep your home comfortable.



Taking control of your energy use this summer starts with you. Find lots of tips for saving energy and money at www.nolinrecc.com.



DO'S AND DON'TS

CLEANING UP AFTER THE FLOOD

- DO keep a flashlight and batteries on hand for maneuvering through flood waters in the dark.
- **DON'T** allow power cord connections to become wet.
- **DO** replace all circuit breakers and fuses that have been submerged in water.
- DON'T touch a circuit breaker or replace a fuse if your hands are wet or if you are standing on a wet surface. When resetting breakers, use a dry plastic- or rubber-insulated tool. Use only one hand.



KIDS ENERGY ZONE NOLIN



