

December 2023



Save on winter heating



Youth programs



Merry Christmas

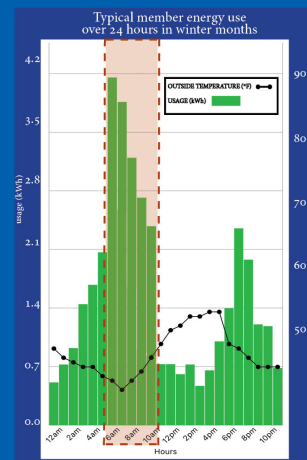
## Reducing your energy use this winter has its benefits

One of the largest users of energy in a home is the heating/cooling system. During extreme winter temperatures, it takes significantly more energy to heat our homes which can cause stress on the electric grid and on our budgets. Reducing the amount of energy we use when temperatures drop not only helps reduce stress on the grid during peak demand times, but it can also result in savings on our bill. It's a win-win for everyone.

There are several simple ways you can decrease your energy use this winter, especially during the times of highest demand. Typically, these "peak demand" times in the winter are 6am to 10am (and 4-8pm secondarily).

- Change the filter on your HVAC system as recommended by the manufacturer (typically once a month).
- Lower the thermostat by a few degrees. Dress in layers to maintain comfort.
- Use appliances (dish washer, washing machine/dryer) during off-peak hours. Many newer models can be scheduled to run overnight.
- Prepare meals that don't require the stove/oven or can be fixed in smaller appliances such as a slow cooker or microwave.
- Avoid using space heaters which use a large amount of energy.

## HOURS OF PEAK ENERGY USE



## WINTER: 6-10AM

- Turn ceiling fans on low in a clockwise direction to redistribute warmer air that rises.
- Keep blinds and curtains open during the day to allow the sun to warm your home.

Find more ways to control winter energy use at [www.nolinrecc.com](http://www.nolinrecc.com).

## Attention high school juniors and seniors!

**Washington Youth Tour** – this all-expense-paid experience in June 2024 is for high school juniors who live with a Nolin member,

**Scholarships** – we award six (6) \$1500 scholarships and one (1) \$2500 to high school seniors who live with a Nolin member. We also award one (1) \$1500 continuing education scholarship to a Nolin member 21 or older.

Applications for Washington Youth Tour and our scholarship program are available now at [www.nolinrecc.com](http://www.nolinrecc.com).



## CHRISTMAS LIGHTS SAFETY TIPS

**Don't overload an outlet with too many plugs.**

**Beware missing or broken bulbs.**

**Turn off the lights overnight.**

**Do not use indoor lights outside.**

